

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026

Carefield Pleasanton Memory Care



HAPPY NEW YEAR

Happy Birthdays!

Ricardo L. - 01/01
Sharon P. - 1/02
Maria Rosas O. - 1/13

Highlights!

1/02 - Crystal on Piano, 1:00 pm
1/06 - Loren on Guitar, 10:30 am
1/07 - J & J Duo Music, 1:30 pm
1/10 - Rocking with Ray, 1:30 pm
1/11 - Rey Aberin Music, 1:30pm
1/13 - Barn-At-Home Workshop, 10:30 am
1/14 - M & K Music, 1:30 pm
1/15 - Alligator Music, 10:00 am
1/18 - Acoustic Guitar with Barry, 1:30 pm
1/20 - Broadway Music with Johnny, 1:30 pm
1/21 - Resident Council Meeting, 1:30 pm
1/29 - Birthday Bash with J&J Duo Music, 1:30 pm



- 1: 9:30 Daily Chronicles
- 1: 10:30 Fun & Fitness
- 1: 1:30 TLC Pretty Nails
- 1: 2:30 New Year's Day History/Fun Facts
- 1: 3:30 Afternoon Stretch
- 1: 6:00 Movie: The Bucket List
- 2: 9:30 Daily Chronicles
- 2: 10:30 Fun & Fitness
- 2: 1:00 Crystal on Piano
- 2: 2:00 Bingo Game
- 2: 3:30 Afternoon Stretch
- 2: 6:00 Movie & Popcorn: A Man called Ove
- 3: 9:30 Daily Chronicles
- 3: 10:30 Fun & Fitness
- 3: 1:30 Watercolor Paint
- 3: 2:30 Board Game/Puzzles
- 3: 3:30 Afternoon Stretch
- 3: 6:00 Sports Game Night

- 4: 9:30 Daily Chronicles
- 4: 10:30 Sunday Stretch
- 4: 1:30 Coloring/Painting
- 4: 2:30 National Trivia Day Puzzles
- 4: 3:30 Roundtable Social/Reading Magazines
- 4: 6:00 Classic Movies/Popcorn
- 5: 9:30 Daily Chronicles
- 5: 10:30 Fun & Fitness
- 5: 1:30 Sing Along Songs
- 5: 2:30 Trivia Quiz
- 5: 3:30 Afternoon Stretch
- 5: 6:00 Documentaries
- 6: 9:30 Daily Chronicles
- 6: 10:30 Loren on Guitar
- 6: 1:30 Finish the Common Phrase
- 6: 2:30 Epiphany Day Fun Facts/Video Watch
- 6: 3:30 Afternoon Stretch
- 6: 6:00 Evening TV Shows
- 7: 9:30 Daily Chronicles
- 7: 10:30 Fun & Fitness
- 7: 1:30 J & J Duo Music
- 7: 2:30 Idioms and Phrases
- 7: 3:30 Afternoon Stretch
- 7: 6:00 Documentaries
- 8: 9:30 Daily Chronicles
- 8: 10:30 Fun & Fitness
- 8: 1:30 TLC Pretty Nails
- 8: 2:30 Table Games /Puzzles
- 8: 3:30 Afternoon Stretch
- 8: 6:00 Classic Comedies
- 9: 9:30 Daily Chronicles
- 9: 10:30 Fun & Fitness
- 9: 1:30 Bingo Game
- 9: 3:30 Reminisce/Fun Facts
- 9: 4:00 Afternoon Stretch
- 9: 6:00 Movie Matinee/Popcorn
- 10: 9:30 Daily Chronicles
- 10: 10:30 Fun & Fitness
- 10: 1:30 Rocking with Ray Music
- 10: 2:30 Watercolor Paint
- 10: 3:30 Afternoon Stretch
- 10: 6:00 Sports Game Night

- 11: 9:30 Daily Chronicles
- 11: 10:30 Sunday Stretch
- 11: 1:30 Rey Aberin Music
- 11: 2:30 Scattergories Game
- 11: 3:30 Roundtable Social/Reading Magazines
- 11: 6:00 Classic Movies/Popcorn
- 12: 9:30 Daily Chronicles
- 12: 10:30 Fun & Fitness
- 12: 1:30 Sing Along Songs
- 12: 2:30 Trivia Quiz
- 12: 3:30 Afternoon Stretch
- 12: 6:00 Documentaries
- 13: 9:30 Daily Chronicles
- 13: 10:30 Barn-At-Home Workshop
- 13: 1:30 Finish the Common Phrase
- 13: 2:30 Unscramble Games
- 13: 3:30 Afternoon Stretch
- 13: 6:00 Evening TV Shows
- 14: 9:30 Daily Chronicles
- 14: 10:30 Fun & Fitness
- 14: 1:30 M & K Music
- 14: 2:30 Idioms and Phrases
- 14: 3:30 Afternoon Stretch
- 14: 6:00 Documentaries
- 15: 9:30 Daily Chronicles
- 15: 10:00 Alligator Music
- 15: 1:30 TLC Pretty Nails
- 15: 2:30 National Hat Day Arts & Crafts
- 15: 6:00 Classic Comedies
- 16: 9:30 Daily Chronicles
- 16: 10:30 Fun & Fitness
- 16: 1:30 Bingo Game
- 16: 3:30 Reminisce/Fun Facts
- 16: 4:00 Afternoon Social
- 16: 6:00 Movie Matinee/Popcorn
- 17: 9:30 Daily Chronicles
- 17: 10:30 Fun & Fitness
- 17: 1:30 Watercolor Paint
- 17: 2:30 Board Game/Puzzles
- 17: 3:30 Afternoon Stretch
- 17: 6:00 Sports Game Night

- 18: 9:30 Daily Chronicles
- 18: 10:30 Sunday Stretch
- 18: 1:30 Acoustic Guitar by Barry
- 18: 2:30 Scattergories Game
- 18: 3:30 Roundtable Social/Reading Magazines
- 18: 6:00 Classic Movies/Popcorn
- 19: 9:30 Daily Chronicles
- 19: 10:30 Fun & Fitness
- 19: 1:30 Sing Along Songs
- 19: 2:30 Popcorn Day Happy Hour/Hot Chocolate
- 19: 3:30 Afternoon Stretch
- 19: 6:00 Documentaries
- 20: 9:30 Daily Chronicles
- 20: 10:30 Fun & Fitness
- 20: 1:30 Broadway Music by Johnny
- 20: 2:30 Unscramble Games
- 20: 3:30 Afternoon Stretch
- 20: 6:00 Evening TV Shows
- 21: 9:30 Daily Chronicles
- 21: 10:30 Fun & Fitness
- 21: 1:30 Resident Council Meeting
- 21: 2:30 Idioms and Phrases
- 21: 3:30 Afternoon Stretch
- 21: 6:00 Documentaries
- 22: 9:30 Daily Chronicles
- 22: 10:30 Fun & Fitness
- 22: 1:30 TLC Pretty Nails
- 22: 2:30 Table Games /Puzzles
- 22: 3:30 Afternoon Stretch
- 22: 6:00 Classic Comedies
- 23: 9:30 Daily Chronicles
- 23: 10:30 Fun & Fitness
- 23: 1:30 Bingo Game
- 23: 3:30 Reminisce/Fun Facts
- 23: 4:00 Afternoon Social
- 23: 6:00 Movie Matinee/Popcorn
- 24: 9:30 Daily Chronicles
- 24: 10:30 Fun & Fitness
- 24: 1:30 Watercolor Paint
- 24: 2:30 Board Game/Puzzles
- 24: 3:30 Afternoon Stretch
- 24: 6:00 Sports Game Night

- 25: 9:30 Daily Chronicles
- 25: 10:30 Sunday Stretch
- 25: 1:30 Coloring/Painting
- 25: 2:30 Scattergories Game
- 25: 3:30 Roundtable Social/Reading Magazines
- 25: 6:00 Classic Movies/Popcorn
- 26: 9:30 Daily Chronicles
- 26: 10:30 Fun & Fitness
- 26: 1:30 Sing Along Songs
- 26: 2:30 Trivia Quiz
- 26: 3:30 Afternoon Stretch
- 26: 6:00 Documentaries
- 27: 9:30 Daily Chronicles
- 27: 10:30 Fun & Fitness
- 27: 1:30 Finish the Common Phrase
- 27: 2:30 Unscramble Games
- 27: 3:30 Afternoon Stretch
- 27: 6:00 Evening TV Shows
- 28: 9:30 Daily Chronicles
- 28: 10:30 Fun & Fitness
- 28: 1:30 Idioms & Phrases
- 28: 2:30 Trivia Quiz
- 28: 3:30 Afternoon Stretch
- 28: 6:00 Documentaries
- 29: 9:30 Daily Chronicles
- 29: 10:30 Fun & Fitness
- 29: 1:30 J & J Duo Music
- 29: 2:30 Table Games /Puzzles
- 29: 3:30 Afternoon Stretch
- 29: 6:00 Classic Comedies
- 30: 9:30 Daily Chronicles
- 30: 10:30 Fun & Fitness
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- 30: 3:30 Reminisce/Fun Facts
- 30: 4:00 Afternoon Social
- 30: 6:00 Movie Matinee/Popcorn
- 31: 9:30 Daily Chronicles
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- 31: 1:30 Watercolor Paint
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- 31: 3:30 Afternoon Stretch
- 31: 6:00 Sports Game Night