

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:15 - 11:45 Activities on the Go and Friendly Room Visits* 10:15 Morning Yoga and Sip & Chat with The Daily Chronicle* 2:30 - 4:30 Afternoon Stroll and Puzzles & Music*	2 9:30 Coffee Talk   Daily Chronicle* <b>10:00 Flex and Flow Exercise</b> 1:00 Community Sing-Along 11:30 Thirsty Planters Watering 2:00 Fall Creative Expressions <b>3:00 Apple Cider Social</b> 6:00 Dining Hall Classic Movie	3 9:30 Mugs, Hugs   Daily Chronicle* 10:00 Scripture & Inspiration 10:30 Wake Up Wellness Class 11:00 Sun & Beach Ball <b>2:00 Green Thumb Gardeners</b> 3:00 Classical Music/Art & Puzzles 6:00 Dining Hall Classic Movie	4 9:30 Coffee Talk   Daily Chronicle* <b>10:00 Weight Clinic</b> 10:30 Winter Hands & Crafts 11:00 Pen Pal Connections 1:00 Trivia & Popcorn 2:00 Golden Girls Book Club 3:00 Cheers & Live Music 6:00 Dining Hall Classic Movie	5 9:30 Mugs, Hugs   Daily Chronicle* <b>10:00 Nature Walks</b> 11:00 Flower Arranging <b>2:00 Scenic Drives w/Ice Cream</b> <b>3:00 Scenic Drives w/Ice Cream</b> 4:00 One-on-One Companion Visits 6:00 Dining Hall Classic Movie	6 9:30 Mugs, Hugs   Daily Chronicle* <b>3:00 Lucky Bingo</b>  <b>COMMUNITY EVENT 5:00 PM CHRISTMAS TREE LIGHTING</b> Join us for a magical neighborhood tree lighting. Hot cocoa, Santa and carolers to celebrate with us!
7 10:15 - 11:45 Activities on the Go and Friendly Room Visits* 10:15 Morning Yoga and Sip & Chat with The Daily Chronicle* 2:30 - 4:30 Afternoon Stroll and Puzzles & Music*	8 <b>COMMUNITY EVENT 2:30 PM Winter Photo Shoot w/ MHH With Mr. &amp; Mrs. Claus</b> Join us for a Christmas-themed winter photo shoot. Provided by Mission Home Health. Please RSVP.	9 9:30 Coffee Talk   Daily Chronicle* <b>10:00 Exercise Class</b>  <b>RESIDENT EVENT 3:00 PM Pajama Party with Cocoa!</b> Wear your Christmas pajamas and prepare for hot cocoa and stories by the fireplace!  6:00 Dining Hall Classic Movie	10 9:30 Mugs, Hugs   Daily Chronicle* 10:00 Scripture & Inspiration 10:30 Wake Up Wellness Class 11:00 Sun & Beach Ball <b>1:00 Resident Council</b> <b>2:00 Green Thumb Gardeners</b> 3:00 Classical Music/Art & Puzzles 6:00 Dining Hall Classic Movie	11 9:30 Coffee Talk   Daily Chronicle* <b>10:00 Flex and Flow Exercise</b> 10:30 Winter Hands & Crafts 11:00 Pen Pal Connections 1:00 Trivia & Popcorn 2:00 Golden Girls Book Club <b>3:00 Harp Performance</b> 6:00 Dining Hall Classic Movie	12 9:30 Mugs, Hugs   Daily Chronicle* <b>10:00 Nature Walks</b> 11:00 Exploring with Instruments 1:00 Seasonal Photo Shoot <b>2:00 Scenic Drives w/Ice Cream</b> <b>3:00 Scenic Drives w/Ice Cream</b> 3:00 One-on-One Companion Visits 6:00 Dining Hall Classic Movie	13 9:30 Mugs, Hugs   Daily Chronicle  <b>COMMUNITY EVENT 10AM Seasonal Social Activities Chef Inspired Delights</b>  <b>3:00 Lucky Bingo</b> 6:00 Dining Hall Classic Movie
14 10:15 - 11:45 Activities on the Go and Friendly Room Visits* 10:15 Morning Yoga and Sip & Chat with The Daily Chronicle* 2:30 - 4:30 Afternoon Stroll and Puzzles & Music*  Hanukkah Begins	15 10:15 - 11:45 Activities on the Go and Friendly Room Visits* 10:15 Morning Yoga and Sip & Chat with The Daily Chronicle* 2:30 - 4:30 Afternoon Stroll and Puzzles & Music*	16 9:30 Coffee Talk   Daily Chronicle* <b>10:00 Flex and Flow Exercise</b> 11:00 Arrangements & Blooms 11:30 Thirsty Planters Watering 2:00 Winter Creative Expressions  <b>COMMUNITY EVENT 6:00 PM Monica Ros School Children Christmas Performance</b>	17 9:30 Mugs, Hugs   Daily Chronicle* 10:30 Wake Up Wellness Class  <b>COMMUNITY EVENT 1:00 PM Heritage School Children Christmas Performance</b>  6:00 Dining Hall Classic Movie	18 9:30 Coffee Talk   Daily Chronicle* <b>10:00 Exercise Class</b> 10:30 Winter Hands & Crafts 11:00 Pen Pal Connections 1:00 Trivia & Popcorn 2:00 Golden Girls Book Club <b>3:00 Carolers Acapella Group</b> 6:00 Dining Hall Classic Movie	19 9:30 Mugs, Hugs   Daily Chronicle* <b>10:00 Nature Walks</b> 11:00 Exploring with Instruments 1:00 Seasonal Photo Shoot <b>2:00 Scenic Drives w/Ice Cream</b> <b>3:00 Scenic Drives w/Ice Cream</b> 3:00 One-on-One Companion Visits 6:00 Dining Hall Classic Movie	20 9:30 Mugs, Hugs   Daily Chronicle  <b>COMMUNITY EVENT 10AM Seasonal Social Activities Chef Inspired Delights</b>  <b>3:00 Lucky Bingo</b> 6:00 Dining Hall Classic Movie
21 10:15 - 11:45 Activities on the Go and Friendly Room Visits* 10:15 Morning Yoga and Sip & Chat with The Daily Chronicle* 2:30 - 4:30 Afternoon Stroll and Puzzles & Music*  Winter Begins	22 10:15 - 11:45 Activities on the Go and Friendly Room Visits* 10:15 Morning Yoga and Sip & Chat with The Daily Chronicle* 2:30 - 4:30 Afternoon Stroll and Puzzles & Music*	23 9:30 Coffee Talk   Daily Chronicle* <b>10:00 Exercise Class</b> 11:00 Arrangements & Blooms 11:30 Thirsty Planters Watering <b>1:00 Muscles &amp; Mustache Club</b> 2:00 Winter Creative Expressions <b>3:00 Hot Cocoa Social</b> 6:00 Dining Hall Classic Movie	24 9:30 Mugs, Hugs   Daily Chronicle* 10:30 Wake Up Wellness Class  <b>COMMUNITY EVENT 3:00 Night Before Christmas Story</b> Join us around the fire place with Cocoa and story telling.	25 9:30 Coffee Talk   Daily Chronicle*  <b>COMMUNITY EVENT 11:30 AM Family Christmas Lunch</b> Join us for a family meal \$15 per guest. RSVP.  6:00 Dining Hall Classic Movie  Christmas	26 9:30 Mugs, Hugs   Daily Chronicle* <b>10:00 Nature Walks</b> 11:00 Exploring with Instruments <b>2:00 Scenic Drives w/Ice Cream</b> <b>3:00 Scenic Drives w/Ice Cream</b> 3:00 One-on-One Companion Visits 6:00 Dining Hall Classic Movie  Boxing Day (Canada) Kwanzaa Begins	27 9:30 Mugs, Hugs   Daily Chronicle  <b>COMMUNITY EVENT 10AM Seasonal Social Activities Chef Inspired Delights</b>  <b>3:00 Lucky Bingo</b> 6:00 Dining Hall Classic Movie
28 10:15 - 11:45 Activities on the Go and Friendly Room Visits* 10:15 Morning Yoga and Sip & Chat with The Daily Chronicle* 2:30 - 4:30 Afternoon Stroll and Puzzles & Music*	29 10:15 - 11:45 Activities on the Go and Friendly Room Visits* 10:15 Morning Yoga and Sip & Chat with The Daily Chronicle* 2:30 - 4:30 Afternoon Stroll and Puzzles & Music*	30 9:30 Coffee Talk   Daily Chronicle* <b>10:00 Flex and Flow Exercise</b> 11:00 Arrangements & Blooms 11:30 Thirsty Planters Watering <b>1:00 Muscles &amp; Mustache Club</b> 2:00 Winter Creative Expressions <b>3:00 Apple Cider Social</b> 6:00 Dining Hall Classic Movie	31 9:30 Mugs, Hugs   Daily Chronicle* 10:00 Scripture & Inspiration 10:30 Wake Up Wellness Class 11:00 Sun & Beach Ball <b>1:00 Community Sing Along</b> <b>2:00 Green Thumb Gardeners</b> 3:00 Classical Music/Art & Puzzles 6:00 Dining Hall Classic Movie  New Year's Eve	<div>December 2025</div>		

\* Lead by Staff. \*\* RSVP Required and Fees May Apply. Please RSVP to Activities Department Phone: 805.798.9305 | Email: Activities@TheArtesianSeniorLiving.com. Events are subject to change. RCFE # 565850442