

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>April 2025</div> <div>Carefield Living Castro Valley MC</div>		<div>9:30am</div> Chair Yoga <div>10:00am</div> Spelling Bee <div>11:00am</div> Morning walk <div>1:30pm</div> Memory Games <div>2:30pm</div> Carrot & Apple Smoothie Social <div>3:30pm</div> Seated dance workout <div>6:00pm</div> Planet Earth <div>1</div>	<div>9:30am</div> Seated dance workout <div>10:00am</div> Mind benders <div>11:00am</div> Chutes and Ladders <div>1:30pm</div> Storytelling <div>2:30pm</div> Move n Groove <div>3:30pm</div> Bingo prize <div>6:00pm</div> Films with friends <div>2</div>	<div>9:30am</div> Chair Fitness <div>10:00am</div> Visual expression <div>11:00am</div> Craft & Creativity hour <div>1:30pm</div> Color my world <div>2:30pm</div> Shoot ‘n’ Hoops <div>3:30pm</div> Domino Fun <div>6:00pm</div> Gilligan’s Island <div>3</div>	<div>9:30am</div> Chair Fitness Fun <div>10:00am</div> Table Topics & Snack <div>11:00am</div> Balloon Toss <div>1:30pm</div> Hallway Stroll <div>2:30pm</div> Karaoke sing a long <div>3:30pm</div> Head -Shoulder -Knees and Toes <div>6:00pm</div> Cheaper by the Dozen (movie) <div>4</div>	<div>9:30am</div> Happy Feet move to beat <div>10:00am</div> Sorting coins & chatting <div>11:00am</div> Pick your favorite foods <div>1:30pm</div> Soft & Gentle Hand Rubs <div>2:30pm</div> Floral Arrangements <div>3:30pm</div> Dance Moves <div>6:00pm</div> Charlie Wilson (movie) <div>5</div>
<div>9:00am</div> Church/Mass <div>10:00am</div> Devotions / cookies <div>11:00am</div> Scribble Art <div>1:30pm</div> Fancy Nails <div>2:30pm</div> Colorful Hat Bingo <div>3:30pm</div> Gold Rush Fur <div>6:00pm</div> The Life of Elvis <div>6</div>	<div>9:30am</div> Joy in motion <div>10:00am</div> Tinkering <div>11:00am</div> Noodle ball <div>1:30pm</div> Pictionary <div>2:30pm</div> Nature walk <div>3:30pm</div> Music and Dance <div>6:00pm</div> Sports Hour <div>7</div>	<div>9:30am</div> Chair Yoga <div>10:00am</div> Social - Alligator <div>11:00am</div> Morning walk <div>1:30pm</div> Memory Games <div>2:30pm</div> Fruits & Yogurt Social <div>3:30pm</div> Seated dance workout <div>6:00pm</div> Planet Earth <div>8</div>	<div>9:30am</div> Seated dance workout <div>10:00am</div> Mind Benders <div>11:00am</div> Chutes and Ladders <div>1:30pm</div> Storytelling <div>2:30pm</div> Move n Groove <div>3:30pm</div> Bingo prize <div>6:00pm</div> Films with Friends <div>9</div>	<div>9:30am</div> Chair fitness <div>10:00am</div> Visual expression <div>11:00am</div> Craft & Creativity hour <div>1:30pm</div> Color my world <div>2:30pm</div> Shoot ‘n’ Hoops <div>3:30pm</div> Domino Fun <div>6:00pm</div> I love Lucy <div>10</div>	<div>9:30am</div> Chair fitness Fun <div>10:00am</div> Table Topics & Snacks <div>11:00am</div> Balloon Toss <div>1:30pm</div> Hallway Stroll <div>2:30pm</div> Karaoke-Sing a long <div>3:30pm</div> Head -Shoulder-knees & Toes <div>6:00pm</div> In Her Shoes ( movie) <div>11</div>	<div>9:30am</div> Happy feet move to beat <div>10:00am</div> Sorting coins & chatting <div>11:00am</div> Pick your favorite foods <div>1:30pm</div> Soft & Gentle Hand Rubs <div>2:30pm</div> Floral Arrangements <div>3:30pm</div> Dance Moves <div>6:00pm</div> Charlie Wilson(movie) <div>12</div>
<div>9:00am</div> Church/Mass <div>10:00am</div> Devotions/Cookies <div>11:00am</div> Scribble Art <div>1:30pm</div> Fancy Nails <div>2:30pm</div> Colorful Hat Bingo <div>3:30pm</div> Gold Rush Fur <div>6:00pm</div> The Life of Elvis <div>13</div>	<div>9:30am</div> Joy in motion <div>10:00am</div> Tinkering <div>11:00am</div> Noodle ball <div>1:30pm</div> Pictionary <div>2:30pm</div> Nature walk <div>3:30pm</div> Music and Dance <div>6:00pm</div> Sports Hour <div>14</div>	<div>9:30am</div> Chair Yoga <div>10:00am</div> Spelling Bee <div>11:00am</div> Morning walk <div>1:30pm</div> Memory Games <div>2:30pm</div> Strawberries & Pineapple Social <div>3:30pm</div> Seated dance workout <div>6:00pm</div> Planet Earth <div>15</div>	<div>9:30am</div> Seated dance workout <div>10:00am</div> Mind Benders <div>11:00am</div> Chutes and Ladders <div>1:30pm</div> Storytelling <div>2:30pm</div> Move n Groove <div>3:30pm</div> Bingo prize <div>6:00pm</div> Films with Friends <div>16</div>	<div>9:30am</div> Chair fitness <div>10:00am</div> Visual expression <div>11:00am</div> Craft & Creativity hour <div>1:30pm</div> Color my world <div>2:30pm</div> Birthday Bash <div>3:30pm</div> Domino Fun <div>6:00pm</div> Gilligan’s Island <div>17</div>	<div>9:30am</div> Chair fitness Fun <div>10:00am</div> Table Topics & Snack <div>11:00am</div> Balloon Toss <div>1:30pm</div> Hallway Stroll <div>2:30pm</div> Happy hour - J&J <div>3:30pm</div> Head - Shoulder-knees & Toes <div>6:00pm</div> Cheaper by the dozen (movie) <div>18</div>	<div>9:30am</div> Happy feet move to beat <div>10:00am</div> Sorting coins & chatting <div>11:00am</div> Pick your favorite foods <div>1:30pm</div> Soft & gentle hand rub <div>2:30pm</div> Floral Arrangements <div>3:30pm</div> Dance Moves <div>6:00pm</div> Charlie Wilson (movie) <div>19</div>
<div>9:00am</div> Church/Mass <div>10:00am</div> Devotions/ Cookies <div>11:00am</div> Scribble Art <div>1:30pm</div> Fancy Nails <div>2:30pm</div> Eggs Rolling <div>3:30pm</div> Gold Rush Fur <div>6:00pm</div> The Life of Elvis <div>20</div>	<div>9:30am</div> Joy in motion <div>10:00am</div> Tinkering <div>11:00am</div> Noodle ball <div>1:30pm</div> Pictionary <div>2:30pm</div> Nature walk <div>3:30pm</div> Music and Dance <div>6:00pm</div> Sports Hour <div>21</div>	<div>9:30am</div> Chair Yoga <div>10:00am</div> Spelling Bee <div>11:00am</div> Morning walk <div>1:30pm</div> Memory Games <div>2:30pm</div> Spinach,Peanut Butter & Banana Smoothies <div>3:30pm</div> Seated dance workout <div>6:00pm</div> Planet Earth <div>22</div>	<div>9:30am</div> Seated dance workout <div>10:00am</div> Mind Benders <div>11:00am</div> Chutes and Ladders <div>1:30pm</div> Storytelling <div>2:30pm</div> Move n Groove <div>3:30pm</div> Bingo prize <div>6:00pm</div> Films with Friends <div>23</div>	<div>9:30am</div> Chair fitness <div>10:00am</div> Visual expression <div>11:00am</div> Craft & Creativity Hour <div>1:30pm</div> Color my world <div>2:30pm</div> Shoot ‘n’ Hoops <div>3:30pm</div> Domino Fun <div>6:00pm</div> I love Lucy <div>24</div>	<div>9:30am</div> Chair Fun Fitness <div>10:00am</div> Table Topics & Snack <div>11:00am</div> Balloon Toss <div>1:30pm</div> Hallway Stroll <div>2:30pm</div> Happy hour - M&K <div>3:30pm</div> Head-Shoulders-knees-Toes <div>6:00pm</div> In Her Shoes(movie) <div>25</div>	<div>9:30am</div> Happy Feet Move to Beat <div>10:00am</div> Sorting coins & chatting <div>11:00am</div> Pick your favorite foods <div>1:30pm</div> Soft & Gentle Hand Rubs <div>2:30pm</div> Floral Arrangements <div>3:30pm</div> Dance Moves <div>6:00pm</div> Charlie Wilson (movie) <div>26</div>
<div>9:00am</div> Church/Mass <div>10:00am</div> Devotions/Cookies <div>11:00am</div> Scribble Art <div>1:30pm</div> Fancy Nails <div>2:30pm</div> Funny Hat Bingo <div>3:30pm</div> Gold Rush Hour <div>6:00pm</div> The Life of Elvis <div>27</div>	<div>9:30am</div> Joy in motion <div>10:00am</div> Tinkering <div>11:00am</div> Noodle ball <div>1:30pm</div> Pictionary <div>2:30pm</div> Nature walk <div>3:30pm</div> Music and Dance <div>6:00pm</div> Sports Hour <div>28</div>	<div>9:30am</div> Chair Yoga <div>10:00am</div> Spelling Bee <div>11:00am</div> Morning walk <div>1:30pm</div> Memory Games <div>2:30pm</div> Residents Meeting-Fred <div>3:30pm</div> Seated dance workout <div>6:00pm</div> Planet Earth <div>29</div>	<div>9:30am</div> Seated dance workout <div>10:00am</div> Mind Benders <div>11:00am</div> Chutes and Ladders <div>1:30pm</div> Storytelling <div>2:30pm</div> Move n Groove <div>3:30pm</div> Bingo prize <div>6:00pm</div> Films with friends <div>30</div>	<div></div>		