


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<h1>January 2025</h1> <h2>Carefield Pleasanton Memory Care</h2>			<ul style="list-style-type: none"> 9:30 Current Events 10:30 Fun & Fitness 1:30 Piano Music with Crystal 2:30 Snacks/Hot Cocoa Social 3:30 Music & Movement 6:00 History Channel Documentary 	<ul style="list-style-type: none"> 9:30 Current Events 10:30 Fun & Fitness 1:30 TLC Pretty Nails 2:00 Senior Ball Show 3:30 Music & Movement 6:00 Classic Movies 	<ul style="list-style-type: none"> 9:30 Current Events 10:30 Fun & Fitness 1:30 Bamboo Peru Music 2:30 Bingo Game 3:30 Music & Movement 6:00 Board Games 	<ul style="list-style-type: none"> 9:30 Current Events 10:30 Fun & Fitness 1:30 Activities of Interest 2:30 Table Games 3:30 Music & Movement 6:00 Football/Baseball Night 	
<ul style="list-style-type: none"> 9:30 Current Events 10:30 Sunday Stretch 1:30 Jigsaw Puzzles 2:30 Paint to Music 3:30 Seated Chair Exercise 6:00 Evening Movies 	<ul style="list-style-type: none"> 9:30 Current Events 1:30 Bowling Game 2:30 Sing-Along Songs 3:30 Bowling Game 3:30 Music & Movement 6:00 Travel the World 	<ul style="list-style-type: none"> 9:30 Current Events 10:30 Loren on Guitar 1:30 Reading Short Stories 2:30 Random Trivia 3:30 Music & Movement 6:00 Evening TV Shows 	<ul style="list-style-type: none"> 9:30 Current Events 10:30 Fun & Fitness 1:30 M & K Music 2:30 Word Games 3:30 Music & Movement 6:00 History Channel Documentary 	<ul style="list-style-type: none"> 9:30 Current Events 10:30 Fun & Fitness 1:30 TLC Pretty Nails 2:30 Reminisce/Fun Facts 3:30 Music & Movement 6:00 Classic Movies 	<ul style="list-style-type: none"> 9:30 Current Events 10:30 Fun & Fitness 1:30 Trivia Quiz 2:30 Bingo Game 3:30 Music & Movement 6:00 Movie Night 	<ul style="list-style-type: none"> 9:30 Current Events 10:30 Fun & Fitness 1:30 Activities of Interest 2:30 Board Games 3:30 Music & Movement 6:00 Football/Baseball Night 	<h3>Happy Birthday!</h3> <p>Sharon P. - 1/02 Maria Rosas O. - 1/13</p>
<ul style="list-style-type: none"> 9:30 Current Events 10:30 Sunday Stretch 1:30 Music with Rey Aberin 2:30 Paint to Music 3:30 Seated Chair Exercise 6:00 Evening Movies 	<ul style="list-style-type: none"> 9:30 Current Events 10:30 Sensory Tray 1:30 Bowling Game 2:30 Sing-Along Songs 3:30 Seated Chair Exercise 6:00 Travel the World 	<ul style="list-style-type: none"> 9:30 Current Events 10:30 Fun & Fitness 1:30 Reading Short Stories 2:30 Random Trivia 3:30 Music & Movement 6:00 Evening TV Shows 	<ul style="list-style-type: none"> 9:30 Current Events 10:30 Fun & Fitness 1:30 Resident Council Meeting 2:30 Word Games 3:30 Music & Movement 6:00 History Channel Documentary 	<ul style="list-style-type: none"> 9:30 Current Events 10:30 Music by Alligator 1:30 TLC Pretty Nails 2:30 Reminisce/Fun Facts 3:30 Music & Movement 6:00 Classic Movies 	<ul style="list-style-type: none"> 9:30 Current Events 10:30 Fun & Fitness 1:30 Trivia/Quiz 2:30 Bingo Game 3:30 Music & Movement 6:00 Movie Night 	<ul style="list-style-type: none"> 9:30 Current Events 10:30 Fun & Fitness 1:30 Music by Ray Cepeda 2:30 Board Games 3:30 Music & Movement 6:00 Football/Baseball Night 	<h3>Activity Types</h3> <p>1/01 - Piano Music with Crystal, 1:30pm 1/02 - Senior Winter Ball, 2 pm 1/03 - Bamboo Peru Music, 1:30pm 1/07 - Loren on Guitar, 10:30 am 1/12 - M & K Music, 1:30 pm 1/16 - Alligator Music, 10:00 am 1/18 - Pop Music by Ray Cepeda, 1:30 pm 1/21 - Broadway Music by Johnny, 1:30 pm 1/26 - Piano Recital by Joyce, 1:00 pm 1/31 - Birthday Bash with Rey Aberin, 1:30 pm</p>
<ul style="list-style-type: none"> 9:30 Current Events 10:30 Sunday Stretch 1:30 Music with Rey Aberin 2:30 Paint to Music 3:30 Music & Movement 3:30 Seated Chair Exercise 6:00 Evening Movies 	<ul style="list-style-type: none"> 9:30 Current Events 10:30 Sensory Tray 1:30 Martin Luther King, Jr Day Fun Facts 2:30 Sing-Along Songs 3:30 Music & Movement 6:00 Travel the World 	<ul style="list-style-type: none"> 9:30 Current Events 10:30 Fun & Fitness 1:30 Broadway Music by Johnny 2:30 Random Trivia 3:30 Music & Movement 6:00 Evening TV Shows 	<ul style="list-style-type: none"> 9:30 Current Events 10:30 Fun & Fitness 1:30 Trivia/Quiz 2:30 Word Games 3:30 Music & Movement 6:00 History Channel Documentary 	<ul style="list-style-type: none"> 9:30 Current Events 10:30 Fun & Fitness 1:30 TLC Pretty Nails 2:30 Reminisce/Fun Facts 3:30 Music & Movement 6:00 Classic Movies 	<ul style="list-style-type: none"> 9:30 Current Events 10:30 Fun & Fitness 1:30 Trivia/Quiz 2:30 Bingo Game 3:30 Music & Movement 6:00 Movie Night 	<ul style="list-style-type: none"> 9:30 Current Events 10:30 Fun & Fitness 1:30 Activities of Interest 2:30 Board Games 3:30 Music & Movement 6:00 Football/Baseball Night 	
<ul style="list-style-type: none"> 9:30 Current Events 10:30 Sunday Stretch 1:00 Piano Recital 2:30 Paint to Music 3:30 Seated Chair Exercise 6:00 Evening Movies 	<ul style="list-style-type: none"> 9:30 Current Events 10:30 Sensory Tray 1:30 Bowling Game 2:30 Sing-Along Songs 3:30 Music & Movement 6:00 Travel the World 	<ul style="list-style-type: none"> 9:30 Current Events 10:30 Fun & Fitness 1:30 Reading Short Stories 2:30 Random Trivia 3:30 Music & Movement 6:00 Evening TV Shows 	<ul style="list-style-type: none"> 9:30 Current Events 11:30 Chinese New Year Luncheon 1:30 Trivia/Quiz 2:30 Word Games 3:30 Music & Movement 6:00 History Channel Documentary 	<ul style="list-style-type: none"> 9:30 Current Events 10:30 Fun & Fitness 1:30 TLC Pretty Nails 2:30 Reminisce/Fun Facts 3:30 Music & Movement 6:00 Classic Movies 	<ul style="list-style-type: none"> 9:30 Current Events 10:30 Fun & Fitness 1:30 Birthday Bash with Rey 2:30 Bingo Game 3:30 Music & Movement 6:00 Movie Night 	<ul style="list-style-type: none"> Emotional Entertainment Intellectual Physical Social Spiritual 	<h3>Quote</h3> <p>"Learn from Yesterday, Live for Today, Hope for Tomorrow." - Unknown</p>