



Meet Maria Pineda

Maria came to the United States at the age of 15 years old from the great state of Michoacan, known as the “the soul of Mexico” for its deep heritage, home to the carnitas capitol of the world, and the beautiful Monarch Butterflies. Maria raised herself and raised her 3 children as a single mom. She is now a grandma to 3 beautiful grandchildren. Maria first became a server at Las Palmas Restaurant here in Visalia and was there for 18 years until she found her way here to Park Visalia. Maria loves being here and taking care of each resident whom she has created a special bond with, enjoys being part of the Culinary Team, and loves to be surrounded by laughter. So, to Maria, we say “Thank you for being a great part of our Park Visalia family”!

Happy New Year, 2025!

Wishing you a year filled with good health, joyful moments, cherished memories, warm company, comfortable living, and the continued strength to enjoy life’s simple pleasures. January brings us a bounty of nutritious fruits and vegetables even through the coldest days of winter.

Oranges – winter citrus fruits are packed with immune boosting Vitamin C. They are a rich source of fiber which plays a crucial role in supporting digestive health, can support heart health during the coldest months, and can be enjoyed as a sweet treat.

Carrots- are a nutritional powerhouse, packed with beta-carotene that converts to Vitamin A, which is vital for eye health. Carrots are a good source of Vitamin K and potassium that can contribute to bone health and blood pressure.

Winter Squashes- are a nutritional powerhouse that boast an array of vitamins and minerals. They have a high content of fiber that can aid in digestive health and high potassium content that may support blood pressure. Winter squash is a valuable addition to a balanced diet.



Resident Feedback Corner

Here at Park Visalia, we value your feedback and suggestions to continually improve our dining experiences.

Let us know your thoughts and comments and or positive feedback

Stay Warm and Cozy with National Soup Month

In 1981 Campbells Soup Company first established January as a month-long celebration to highlight the comfort and versatility of soups. Each of our soup offerings here at Park Visalia are made daily using fresh ingredients by our culinary team. Enjoy a warm bowl of soup or two during the coldest winter month of the new year.



Welcome Our New Culinary Team Members

Donald Andrews- prefers to go by Bruce and has joined our talented cooking team.

Kari Wommavovah- has joined our upbeat and fun serving team.

Chinese New Year

Marking the year of the Wood Snake which signifies a time of transformation, growth, and introspections. Chinese New Year, also known as the Spring Festival, is an important time in Chinese culture and a major holiday. It signifies a time for family reunions, a fresh start, and a celebration of tradition. Look out for some traditional Chinese meals throughout the month in celebration of Chinese New Year.

