

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30 Morning News 10:00 Pumpkin Spice Coffee 10:30 Silver Sneaker Exercise 11:00 Universal Yums 11:30 15-Min. Mystery 2:00 Trivia 3:30 Brush Hour 6:00 Game Night	2 Rosh Hashanah Begins 9:30 Morning News 10:00 Stroll/Bike Workout 10:30 Guess the Name 1:00 People and Places Travel Class 2:30 Rosh Hashanah Presentation 3:30 Outdoor Activity 4:00 Silver Sneakers Exercise Class 6:00 Bingo Night	3 9:30 Color Therapy 9:30 Morning News 10:00 Resistance Band Workout 10:30 Pictionary 11:00 Guided Painting 1:30 Scattergories 2:30 Octoberfest Social 4:00 Yoga Ball Drumming 6:00 Movie Night	4 9:30 Morning Brain Games 9:30 Morning News 10:30 Strength & Balance 11:00 Jewelry 2:30 Music & Happy Hour with Brotherly Love 3:30 Balloon Badminton 6:00 Color Therapy Music Appreciation	5 9:30 Morning News 10:00 Stroll/Bike Workout 11:00 Fresh Blendz 11:30 Brain Games 1:15 Jeopardy 2:00 20 Questions 2:30 Bowling 3:15 Brush Hour 4:30 Sing Along
6 9:30 Our Daily Bread 9:30 Morning News 10:00 Low Impact Cardio 10:45 Spiritual Elder Care 11:00 Communion Service 1:30 Sorting & Folding 2:30 Bingo 3:00 Nails 4:30 Book Club	7 9:30 Morning News 10:00 Stroll/Bike Workout 10:00 What's in a Word 10:30 Balance & Strength 2:30 Music Therapy 3:30 Sing-A-Long	8 9:30 Morning News 10:30 Silver Sneaker Exercise 11:00 Pumpkin Cheese Cake Ball 2:30 Puzzles 3:00 Leaf Bowl Craft 4:00 Singfit 6:00 Game Night 6:00 Bingo Night	9 9:30 Morning News 10:00 Catholic Mass 10:30 Stroll/Bike Workout 11:00 Guess the Name 1:00 People and Places Travel Class 2:30 Fall Wreath 3:30 Jeopardy 4:00 Silver Sneakers Exercise Class 6:00 Bingo Night	10 9:30 Color Therapy 9:30 Morning News 10:00 Resistance Band Workout 10:30 Wheel of Fortune 11:00 Guided Painting 1:30 Documentary 2:30 Everything Pumpkin Social 4:00 Yoga Ball Drumming 4:30 Sing Along 6:00 Movie Night	11 Yom Kippur Begins 9:30 Morning Brain Games 9:30 Morning News 10:30 Strength & Balance 11:00 Bocce Ball 2:30 Music & Happy Hour with Mike Noonan 3:30 Outdoor Activity 6:00 Color Therapy Music Appreciation	12 Dussehra 9:30 Morning News 10:00 Stroll/Bike Workout 11:00 Fresh Blendz 11:30 Brain Games 1:15 Music Appreciation 2:00 Scrapbooking Club 3:15 Brush Hour 4:00 Sing Along 4:30 Sing Along
13 9:30 Our Daily Bread 9:30 Morning News 10:00 Low Impact Cardio 10:45 Spiritual Elder Care 11:00 Communion Service 1:30 Sorting & Folding 2:30 Cricut Craft 3:00 Nails 4:30 Book Club	14 Indigenous Peoples' Day 9:30 Morning News 10:00 Stroll/Bike Workout 10:30 Balance & Strength 11:00 Parachute 2:30 Music Therapy 3:30 Sing-A-Long	15 9:30 Morning News 10:30 Silver Sneaker Exercise 11:00 Boo Berry Pies 11:00 15-Min. Mystery 2:00 Trivia 2:30 Yarn Pumpkins 3:30 Spray Paint 4:00 Singfit 6:00 Game Night	16 Sukkot 9:30 Morning News 10:00 Stroll/Bike Workout 10:30 Guess the Name 1:00 People and Places Travel Class 2:30 Shuffle Board 3:30 Scarecrow Craft 6:00 Bingo Night	17 9:30 Color Therapy 9:30 Morning News 10:00 Resistance Band Workout 10:30 Brain Games 11:00 Guided Painting 1:30 Documentary 2:30 Pasta Social 4:00 Yoga Ball Drumming 4:30 Sing Along 6:00 Movie Night	18 9:30 Morning Brain Games 9:30 Morning News 11:00 Strength & Balance 11:00 Parachute 2:30 Music & Happy Hour With Bag O' Trix 3:30 Balloon Badminton 6:00 Color Therapy Music Appreciation	19 9:30 Morning News 10:00 Stroll/Bike Workout 11:00 Fresh Blendz 11:30 Brain Games 1:15 Jeopardy 2:00 Name That Tune 2:30 Bowling 3:15 Brush Hour 4:30 Sing Along

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>20</p> <p>9:30 Our Daily Bread 9:30 Morning News 10:00 Low Impact Cardio 10:45 Spiritual Elder Care 11:00 Communion Service 1:30 Sorting & Folding 2:30 Bingo 3:00 Nails 4:30 Book Club</p>	<p>21</p> <p>9:30 Morning News 10:00 Stroll/Bike Workout 10:30 Balance & Strength 2:30 Music Therapy 3:30 Sing-A-Long</p>	<p>22</p> <p>9:30 Morning News 10:30 Silver Sneaker Exercise 11:00 Cinnamin Pumkin Rolls 11:00 15-Min. Mystery 2:00 Puzzles 2:30 Hot Chocolate Social 3:30 Spray Paint 4:00 Singfit 6:00 Game Night</p>	<p>23</p> <p>9:30 Morning News 10:00 Stroll/Bike Workout 10:30 Guess the Name 1:00 People and Places Travel Class 2:30 Painting Wood Haunted Houses 3:30 Sensory Activity 4:00 Silver Sneakers Exercise Class 6:00 Bingo Night</p>	<p>24</p> <p>9:30 Color Therapy 9:30 Morning News 10:00 Resistance Band Workout 10:30 Pictionary 11:00 Guided Painting 1:30 Documentary 2:30 Music Therapy 4:30 Sing Along 6:00 Movie Night</p>	<p>25</p> <p>9:30 Morning Brain Games 9:30 Morning News 11:00 Strength & Balance 11:00 Parachute 2:30 Music & Happy Hour with Lee Allen 3:30 Outdoor Activity 6:00 Color Therapy Music Appreciation</p>	<p>26</p> <p>9:30 Morning News 10:00 Stroll/Bike Workout 11:00 Fresh Blendz 11:30 Brain Games 1:15 Music Appreciation 2:30 Darts 3:15 Brush Hour 4:00 Dice Race 4:30 Sing Along</p>
<p>27</p> <p>9:30 Our Daily Bread 9:30 Morning News 10:00 Low Impact Cardio 10:45 Spiritual Elder Care 11:00 Communion Service 1:30 Sorting & Folding 2:30 Cricut Craft 3:00 Nails 4:30 Book Club</p>	<p>28</p> <p>9:30 Morning News 10:00 Stroll/Bike Workout 10:30 Balance & Strength 2:30 Music Therapy 3:30 Sing-A-Long</p>	<p>29</p> <p>9:30 Morning News 10:30 Silver Sneaker Exercise 11:00 Decorating Halloween Haunted Houses 11:00 15-Min. Mystery 2:00 Trivia 3:30 Spray Paint 4:00 Singfit 6:00 Game Night</p>	<p>30</p> <p>9:30 Morning News 10:00 Stroll/Bike Workout 10:30 Guess the Name 1:00 People and Places Travel Class 2:30 Seasonal Craft 3:30 Aroma Therapy 4:00 Silver Sneakers Exercise Class 6:00 Bingo Night</p>	<p>31 Halloween</p> <p>9:30 Color Therapy 9:30 Morning News 10:00 Resistance Band Workout 10:30 Pictionary 11:00 Guided Painting 1:30 Trunk or Treat 2:30 Halloween Social 4:00 Yoga Ball Drumming 4:30 Sing Along 6:00 Movie Night</p>		