

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Our Daily Bread 9:30 Morning News 10:00 Low Impact Cardio 10:45 Spiritual Elder Care 11:00 Communion Service 1:30 Sorting & Folding 2:30 Cricut Craft 3:00 Nails 4:00 Singfit 4:30 Assisting with Dinner 4:30 Book Club	2 Labor Day 9:30 Morning News 10:00 Stroll/Bike Workout 10:30 Balance & Strength 11:00 Color Therapy 1:30 Name That Tune 2:30 Snack and Music 3:30 Sing-A-Long 4:30 Assisting with Dinner	3 9:30 Morning News 10:00 Brazilian Coffee & 15-Min. Mystery 10:30 Silver Sneaker Exercise 11:00 Fresh Blendz 11:00 Universal Yums 2:00 Snack and Trivia 2:30 Fresh Blendz 3:30 Bowling 4:00 Singfit 4:30 Assisting with Dinner 6:00 Game Night	4 9:30 Morning News 10:00 Stroll/Bike Workout 11:00 Guess the Name 1:00 People and Places Travel Class 2:30 Brazilian Masks 3:30 Brazilian Snacks 4:00 Silver Sneakers Exercise Class 4:30 Assisting with Dinner	5 9:30 Color Therapy 9:30 Morning News 10:00 Resistance Band Workout 10:30 Guess the Name 11:00 Brazilian Cheese Bread 1:30 Scattergories 2:00 Football Tailgate Party Brews & Tattoos 3:30 Sing Along 4:00 Yoga Ball Drumming	6 9:30 Morning Brain Games 9:30 Morning News 10:00 Delicious Discoveries 11:00 Strength & Balance 1:30 Name That Tune 2:30 Music & Happy Hour with Brotherly Love 3:30 Outdoor Activity 4:30 Assisting with Dinner	7 9:30 Morning News 10:00 Stroll/Bike Workout 10:30 Guess the Name 11:00 Fresh Blendz 11:30 Brain Games 1:15 Jeopardy 2:00 Snack & Name That Tune 2:30 High Tea 3:30 Brush Hour 4:30 Assisting with Dinner
8 Grandparents' Day 9:30 Our Daily Bread 9:30 Morning News 10:00 Low Impact Cardio 10:15 Delicious Discoveries with Angelica 10:45 Spiritual Elder Care 11:00 Communion Service 1:30 Sorting & Folding 2:30 Chilean Craft 3:00 Nails 4:00 Singfit	9 9:30 Morning News 10:00 Stroll/Bike Workout 10:30 Balance & Strength 11:00 Delicious Discoveries 1:30 Name That Tune 2:30 Snack and Music 3:30 Sing-A-Long 4:30 Assisting with Dinner	10 9:30 Morning News 10:00 Chilean Coffee 10:30 Silver Sneaker Exercise 11:00 15-Min. Mystery 2:00 Snack and Trivia 2:30 Painting Pumpkins 4:00 Singfit 4:30 Assisting with Dinner 6:00 Game Night	11 Patriot Day 9:30 Morning News 10:00 Catholic Mass 10:00 Stroll/Bike Workout 10:30 Guess the Name 1:00 People and Places Travel Class 4:00 Chilean Rain Sticks 4:30 Assisting with Dinner	12 9:30 Color Therapy 9:30 Morning News 10:00 Resistance Band Workout 10:30 Catagories 11:00 Milk Shakes & Water Color 1:30 Scattergories 2:30 Chilean Social 3:30 Sing Along 4:00 Yoga Ball Drumming 4:30 Assisting with Dinner	13 9:30 Morning Brain Games 9:30 Morning News 10:00 Strength & Balance 11:00 Jewelry 1:30 Name That Tune 2:30 Music & Happy Hour with Mike Noonan 3:30 Outdoor Activity 4:30 Assisting with Dinner 6:00 Color Therapy	14 9:30 Morning News 10:00 Stroll/Bike Workout 11:30 Brain Games 2:15 Brush Hour 3:30 Scapbooking 4:30 Assisting with Dinner
15 9:30 Our Daily Bread 9:30 Morning News 10:00 Low Impact Cardio 10:45 Spiritual Elder Care 11:00 Communion Service 1:30 Sorting & Folding 2:30 Mexican Circuit Craft 3:00 Nails 4:00 Singfit 4:30 Assisting with Dinner	16 9:30 Morning News 10:00 Stroll/Bike Workout 10:30 Balance & Strength 11:00 Badminton 1:30 Name That Tune 2:30 Snack and Music 3:30 Sing-A-Long 4:30 Assisting with Dinner	17 Citizenship Day 9:30 Morning News 10:30 Silver Sneaker Exercise 11:00 15-Min. Mystery 12:10 Horchata Coffee and Morning Puzzles 2:00 Fresh Blendz 2:00 Snack and Trivia 3:00 Mexican Flowers 4:00 Singfit 4:30 Assisting with Dinner 6:00 Game Night	18 9:30 Morning News 10:00 Stroll/Bike Workout 10:30 Guess the Name 1:00 People and Places Travel Class 2:30 Craft 2:30 Hot Chocolate Social 3:30 Bingo 4:00 Silver Sneakers Exercise Class 4:30 Assisting with Dinner	19 9:30 Color Therapy 9:30 Morning News 10:00 Resistance Band Workout 10:30 Guess the Name 11:00 Guided Painting 1:30 Scattergories 2:30 Mexico Social 3:30 Loteria 4:00 Yoga Ball Drumming 4:30 Assisting with Dinner	20 9:30 Morning Brain Games 9:30 Morning News 10:00 Strength & Balance 11:00 Delicious Discoveries 1:30 Name That Tune 2:30 Music & Happy Hour With Bag O' Trix 3:30 Outdoor Activity 4:30 Assisting with Dinner	21 9:30 Morning News 10:00 Stroll/Bike Workout 11:00 Fresh Blendz 11:30 Brain Games 1:15 Jeopardy 2:00 Snack & Name That Tune 2:30 High Tea 3:15 Brush Hour 3:30 Sing Along 4:30 Assisting with Dinner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22 Fall Begins 9:30 Our Daily Bread 9:30 Morning News 10:00 Low Impact Cardio 10:15 Delicious Discoveries 10:45 Spiritual Elder Care 11:00 Communion Service 1:30 Sorting & Folding 2:30 Snack and Music 3:00 Nails 4:00 Singfit 4:30 Assisting with	23 9:30 Morning News 10:00 Stroll/Bike Workout 10:30 Balance & Strength 11:00 Delicious Discoveries 1:30 Name That Tune 2:30 Snack and Music 3:30 Sing-A-Long 4:30 Assisting with Dinner	24 9:30 Morning News 10:00 Pumpkin Coffee 11:00 Fresh Blendz 11:00 15-Min. Mystery 11:30 Silver Sneaker Exercise 2:00 Snack and Trivia 2:30 Puzzles 3:30 Spray Paint 4:00 Singfit 4:30 Assisting with Dinner 6:00 Game Night	25 9:30 Morning News 10:00 Stroll/Bike Workout 10:30 Guess the Name 1:00 People and Places Travel Class 2:00 National Quesadilla Day 2:45 Human Hungry Hippos 3:30 Bingo 4:00 Silver Sneakers Exercise Class 4:30 Assisting with	26 9:30 Color Therapy 9:30 Morning News 10:00 Resistance Band Workout 10:30 Catagories 11:00 Puertirican Guided Painting 1:30 Scattergories 2:30 Puertorican Social 3:30 Sing Along 4:00 Yoga Ball Drumming 4:30 Assisting with Dinner	27 Native American Day 9:30 Morning Brain Games 9:30 Morning News 10:00 Strength & Balance 11:00 Jewelery 1:30 Name That Tune 2:30 Music & Happy Hour with Lee Allen 3:30 Outdoor Activity 4:30 Assisting with Dinner 6:00 Color Therapy	28 9:30 Morning News 10:00 Stroll/Bike Workout 11:00 Fresh Blendz 11:30 Brain Games 1:15 Jeopardy 2:00 Snack & Name That Tune 2:30 Kinetic Sand Activity 3:15 Brush Hour 3:30 Sing Along 4:30 Assisting with Dinner
29 9:30 Our Daily Bread 9:30 Morning News 10:00 Low Impact Cardio 10:45 Spiritual Elder Care 11:00 Communion Service 1:30 Sorting & Folding 2:30 Snack and Music 3:00 Nails 4:00 Singfit 4:30 Assisting with Dinner 4:30 Book Club	30 9:30 Morning News 10:00 Stroll/Bike Workout 10:30 Balance & Strength 11:00 Badminton 1:30 Name That Tune 2:30 Snack and Music 3:30 Sing-A-Long 4:30 Assisting with Dinner					