



### Park Visalia

3939 West Walnut Avenue, Visalia, CA 93277  
(559) 358-2289 • @ParkVisaliaSeniorLiving



Carefield's Employee of the Year  
Laureano Sanchez

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#### Resident Birthdays

- 9/2 Claude
- 9/6 John
- 9/9 Cindy
- 9/12 Annette
- 9/13 Freda
- 9/15 Fernando
- 9/16 Anthony
- 9/20 Wilma
- 9/24 Tari
- 9/28 Lloyd

#### Employee Birthdays

- 9/ Jennifer B.
- 9/12 Reagan M.



## A note from our.... Executive Director

September 2024

**Welcome Home!**  
September is around the corner and we have a new lineup of programs to keep everyone engaged & active. Here's a sneak peek at what's happening this month:

**New to the Community**  
We are always looking for new ways to engage our Park Visalia family, and this month that means we are traveling to Texas! From our mocktails, to our baking and cooking, to our taste testing, and our scavenger hunt, extend our southern hospitality to y'all as we venture through the Lone Star State.

**Meetings in the Theater Room**  
Don't miss our Resident Council and Lifestyle Meetings during the first week. These sessions are perfect for sharing ideas and gaining new insights. Due to Labor Day on Monday, the Resident Council has been moved to Wednesday. Please note that we will be replacing our Food for Thought meeting with a newsletter.

**Weekly Performances**  
Every week, we invite talented performers into our building. We will be celebrating Country Music Day on the 17th with country singer Seth Oster. The Barbershop Quartet Some Assembly Required will be retuning on the 30th.

**Assisted Living Week**  
From September 8-14, we will be celebrating Assisted Living Week. Each day will have a different dress up theme: Sunday- Superheroes; Monday- Pajamas; Tuesday- Twinning; Wednesday- Walking Yearbook; Thursday- Western; Friday- Fancy; Saturday- Outer Space. Join us for a week filled with fun and laughter!

**Grandparents Day**  
We invite all family and friends to join us on Sunday, September 8, for an afternoon of board games, card games, and snacks in the Assisted Living Bistro, and Lightfinder's Living Room at 3pm.

As always, we look forward to seeing you at these events and making August a month full of fun and community spirit!

Warm regards,  
Amanda Kelsey  
Executive Director

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 8:00 Church Services Outings 9:00 Church Services - Live Stream (B & TR) 10:30 Chair Exercise (WR) 12:00 Chronicles & Puzzles (DR) 1:30 Jeopardy (AR) 3:00 Monopoly (AR) 4:15 Men's Workout Club (WR) 6:15 Shanghai Card Game w/ John (B)	<b>2 Labor Day</b> 9:15 Early Morning Coloring (B) 9:30 Catholic Communion (TR) 10:00 Chair Exercise (WR) 11:00 Baking- Texas Fruitcake (MC) 12:00 Chronicles & Puzzles (DR) 1:30 Bingo (AR) 2:30 Labor Day Hotdog Social (B) 3:30 Live Performance- Richard & Marco (B) 6:15 Coin Bingo w/John (AR)	<b>3</b> 9:15 Hymns w/ Sophie (AR) 10:00 Chair Exercise (WR) 10:45 Outing- Applebee's 11:00 Cooking- Pigs in a Blanket (MC) 12:00 Chronicles & Puzzles (DR) 1:15 Spin N Solve (AR) 2:00 Lifestyle Meeting (TR) 3:30 Guess in Ten (AR) 4:15 HUR Exercise (WR) 6:15 Bunco w/John (AR)	<b>4</b> 9:00 Singfit Exercise (AR) 10:00 Chair Exercise (WR) 11:00 Bingo (AR) 12:00 Chronicles & Puzzles (DR) 1:15 Midweek Mocktail- Texas Sunrise (AR) 2:00 Resident Council (TR) 3:30 Western Wednesday- Happy Hour (B) 6:15 Coin Bingo w/ John (AR)	<b>5</b> Football Jersey Day 10:00 Chair Exercise (WR) 11:00 Audio Book- Master of Mysteries 12:00 Chronicles & Puzzles (DR) 1:30 Spin N Solve (AR) 3:00 Football Kickoff Celebration (B) 4:15 HUR Exercise (WR) 5:20 Kickoff Game- Chiefs & Ravens (TR) 6:15 Resident Lead Poker (AR)	<b>6</b> 9:15 Early Morning Coloring (B) 10:00 Chair Exercise (WR) 11:00 Fancy Fingers (AR) 12:00 Chronicles & Puzzles (DR) 1:30 Bingo (AR) 3:30 Chunked Words (AR) 6:15 Movie Night- The Meanest Man in Texas (TR)	<b>7</b> 9:15 Saturday Stroll (B) 10:00 Chair Exercise (WR) 11:00 Craft- Braided Wreath (AR) 12:00 Chronicles & Puzzles (DR) 1:00 Men's Bible Study (TR) 1:30 Outing- Yogurt Land Group 1 2:30 Movie Matinee- The Long Game (TR) 3:00 Outing- Yogurt Land Group 2 6:15 Coin Bingo w/ John (AR)
<b>8 Grandparents' Day</b> Superhero Day 8:45 Outing- Elk's Lodge 9:00 Church Services - Live Stream (B & TR) 10:30 Chair Exercise (WR) 12:00 Chronicles & Puzzles (DR) 1:30 Giving Advice to Younger Generations (AR) 3:00 Games & Snacks w/ Family & Friends (B) 4:15 Men's Workout Club (WR) 6:15 Shanghai Card Game w/ John (B)	<b>9</b> Pajama Day 9:15 Early Morning Coloring (B) 9:30 Catholic Communion (TR) 10:00 Chair Exercise (WR) 11:00 Craft- Welcome Door Sign(AR) 12:00 Chronicles & Puzzles (DR) 1:00 Bingo (AR) 2:00 Cake & Ice Creamw/Seva (B) 3:30 Live Performance- PamStanley (B) 6:15 Coin Bingo w/John (AR)	<b>10</b> Twinning Day 9:15 Hymns w/ Sophie (AR) 10:00 Chair Exercise (WR) 11:00 Guess in Ten (AR) 12:00 Chronicles & Puzzles (DR) 1:00 Spin N Solve (AR) 2:00 Pizza Party w/In Home Health (B) 4:15 HUR Exercise (WR) 6:15 Bunco w/John (AR)	<b>11 Patriot Day</b> Walking Yearbook Day 9:00 Singfit Exercise (AR) 10:00 Chair Exercise (WR) 11:00 Word Formations (AR) 12:00 Chronicles & Puzzles (DR) 1:00 Bingo (AR) 2:00 Nacho Bar w/Adventist Home Health (B) 3:30 Western Wednesday- Happy Hour (B) 6:15 Coin Bingo w/ John (AR)	<b>12</b> Western Day 9:15 Hymns w/ Sophie (AR) 10:00 Chair Exercise (WR) 10:45 Outing- Bravo Farms 11:00 Audio Book- Master of Mysteries 12:00 Chronicles & Puzzles (DR) 1:00 Spin N Solve (AR) 3:00 Root Beer Floats w/Gentiva (B) 4:15 HUR Exercise (WR) 6:15 Resident Lead Poker (AR)	<b>13</b> Fancy Friday 9:15 Early Morning Coloring (B) 9:30 Carwash w/Bristol 10:00 Chair Exercise (WR) 11:00 Fancy Fingers (AR) 12:00 Chronicles & Puzzles (DR) 1:00 Bingo (AR) 2:00 Champagne & Appetizers w/American Quality Hospice (B) 3:00 Outing- Walmart 6:15 Movie Night- My All American(TR)	<b>14</b> Outer-Space Day 9:15 Saturday Stroll (B) 10:00 Chair Exercise (WR) 10:00 Outing- Cheesecake Factory 11:00 Craft- Leaf Sun Catchers (AR) 12:00 Chronicles & Puzzles (DR) 1:00 Men's Bible Study (TR) 1:30 Spin N Solve (AR) 3:30 Saturday Scattergories (AR) 4:15 HUR Exercise (WR) 6:15 Coin Bingo w/ John (AR)
<b>15</b> Hispanic Heritage Month 9:00 Church Services - Live Stream (B & TR) 10:30 Chair Exercise (WR) 12:00 Chronicles & Puzzles (DR) 1:15 Outing- Ice House Theater: Much Ado About Nothing (\$16) 1:30 Jeopardy (AR) 3:00 Monopoly (AR) 4:15 Men's Workout Club (WR) 6:15 Shanghai Card Game w/ John (B)	<b>16</b> 9:15 Early Morning Coloring (B) 9:30 Catholic Communion (TR) 10:00 Chair Exercise (WR) 11:00 Craft- Beaded Corn 12:00 Chronicles & Puzzles (DR) 1:00 Bingo (AR) 2:30 Tortilla Making w/Karla & Lo (B) 4:00 Hangman (AR) 6:15 Coin Bingo w/John (AR)	<b>17 Citizenship Day</b> International Country Music Day 9:15 Hymns w/ Sophie (AR) 10:00 Chair Exercise (WR) 11:00 Guess in Ten (AR) 12:00 Chronicles & Puzzles (DR) 1:30 Spin N Solve (AR) 2:30 Cooking- Texas Toast (MC) 3:30 Country Music Celebration w/ Seth Oster 4:15 HUR Exercise (WR) 6:15 Bunco w/John (AR)	<b>18</b> 9:00 Singfit Exercise (AR) 10:00 Chair Exercise (WR) 11:00 Western Wednesday- Happy Hour (B) 12:00 Chronicles & Puzzles (DR) 1:30 Bingo (AR) 2:30 Texas Armadillo Punch (B) 3:00 Veterans Social Group (TR) 6:15 Movie Night- The Meanest Man in Texas (TR)	<b>19</b> Batman Day 9:15 Hymns w/ Sophie (AR) 9:15 Outing- Aldi 10:00 Chair Exercise (WR) 11:00 Audio Book- Master of Mysteries 12:00 Chronicles & Puzzles (DR) 1:30 Spin N Solve (AR) 2:30 Movie Matinee- Batman (TR) 3:00 Learning to use HUR Exercise Equipment (WR) 4:15 HUR Exercise (WR) 6:15 Resident Lead Poker (AR)	<b>20</b> 9:15 Early Morning Coloring (B) 10:00 Chair Exercise (WR) 11:00 Fancy Fingers (AR) 12:00 Chronicles & Puzzles (DR) 1:10 Outing- Senior Center Bingo (\$2) 1:30 Bingo w/Bridge Home Health (AR) 3:00 Queso Taste Testing (AR) 6:15 Movie Night- Bernie (TR)	<b>21</b> 9:15 Saturday Stroll (B) 10:00 Chair Exercise (WR) 10:45 Outing- Texas Roadhouse 11:00 Craft- Painting Fall Trees 12:00 Chronicles & Puzzles (DR) 1:00 Men's Bible Study (TR) 1:30 Spin N Solve (AR) 3:30 Saturday Scattergories (AR) 4:15 HUR Exercise (WR) 6:15 Coin Bingo w/ John (AR)
<b>22 Fall Begins</b> 9:00 Church Services - Live Stream (B & TR) 10:30 Chair Exercise (WR) 12:00 Chronicles & Puzzles (DR) 1:30 Jeopardy (AR) 2:30 Live Performance- Violin & Viola 3:00 Monopoly (AR) 4:15 Men's Workout Club (WR) 6:15 Shanghai Card Game w/ John (B)	<b>23</b> 9:15 Early Morning Coloring (B) 9:30 Catholic Communion (TR) 10:00 Chair Exercise (WR) 11:00 Craft- Pumpkin Jars(AR) 12:00 Chronicles & Puzzles (DR) 1:30 Bingo (AR) 2:30 Baking- Texas Baked Beans (MC) 3:30 Spot the Difference (AR) 6:15 Coin Bingo w/John (AR)	<b>24</b> 9:15 Hymns w/ Sophie (AR) 9:15 Outing- Costco 10:00 Chair Exercise (WR) 11:00 Guess in Ten (AR) 12:00 Chronicles & Puzzles (DR) 1:30 Pie Making (MC) 3:30 Pie Eating Contest (B) 4:15 HUR Exercise (WR) 6:15 Bunco w/John (AR)	<b>25</b> 9:00 Singfit Exercise (AR) 10:00 Chair Exercise (WR) 10:00 Flu Clinic (B) 11:00 Word Formations (AR) 12:00 Chronicles & Puzzles (DR) 1:30 Bingo (AR) 2:30 Texas Made- Dr. Pepper Tasting 3:30 Western Wednesday- Happy Hour (B) 6:15 Coin Bingo w/ John (AR)	<b>26</b> 9:15 Hymns w/ Sophie (AR) 10:00 Chair Exercise (WR) 10:45 Outing- Italian Strings Cafe 11:00 Audio Book- Master of Mysteries 12:00 Chronicles & Puzzles (DR) 1:30 Spin N Solve (AR) 3:00 Game Night(B) 4:15 HUR Exercise (WR) 6:15 Resident Lead Poker (AR)	<b>27 Native American Day</b> 9:15 Fancy Fingers (AR) 10:00 Chair Exercise (WR) 11:00 Bingo (AR) 12:00 Chronicles & Puzzles (DR) 1:30 Movie Matinee- Pocahontas (TR) 1:30 Outing- Dollar Tree 3:30 September Birthday Party 6:15 Movie Night- Tombstone (TR)	<b>28</b> 9:15 Saturday Stroll (B) 10:00 Chair Exercise (WR) 11:00 Craft- Painted Fall Leaves 12:00 Chronicles & Puzzles (DR) 1:00 Men's Bible Study (TR) 1:30 Spin N Solve (AR) 3:30 Saturday Scattergories (AR) 4:15 HUR Exercise (WR) 6:15 Coin Bingo w/ John (AR)
<b>29</b> 9:00 Church Services - Live Stream (B & TR) 10:30 Chair Exercise (WR) 12:00 Chronicles & Puzzles (DR) 1:20 Outing- Mission Coffee Group 1 1:30 Jeopardy (AR) 3:30 Outing- Mission Coffee Group 2 4:15 Men's Workout Club (WR) 6:15 Shanghai Card Game w/ John (B)	<b>30</b> 9:15 Early Morning Coloring (B) 9:30 Catholic Communion (TR) 10:00 Chair Exercise (WR) 11:00 Craft- Suncatchers(AR) 12:00 Chronicles & Puzzles (DR) 1:30 Bingo (AR) 2:30 Baking- White Texas Sheet Cake (MC) 3:00 Grief Care & Recovery Support Group (TR) 3:30 Live Performance- Barbershop Quartet Some Assembly Required (B) 6:15 Coin Bingo w/John (AR)					

## What's Happening Now

**Resident Council Meeting 09/04/24**  
**Lifestyle Meeting 09/03/24**

## Live Performances- Monday at 3:30

9/5/24- Richard & Marco  
9/9/24- Pam Stanley  
9/17/24 **Tuesday**- Seth Oster  
9/22/24 **Sunday**- Violin & Viola  
9/30/24- Barbershop Quartet

## Country Music Celebration

9/17/2024 at 3:30 in AL

## Weekly Outings- see calendar

## Happy Hour & Karaoke Wednesdays at 3:30 in the Bistro

\* For all other activities and outings please see our monthly calendar \*



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 9:30 Movers & Groovers Walk 10:30 Coffee & Conversations 11:00 Lightfinder Church Services 12:00 Chronicles & Puzzles 1:30 Card Matching 3:00 Puzzle 4:15 15 Minute Mystery 7:00 Silver Striders Walking Teamw/ Carestaff	<b>2 Labor Day</b> 8:45 Early Morning Coloring 9:30 Catholic Communion 10:30 SingFit - Music & Exercise 11:00 Baking- Texas Fruitcake 12:00 Chronicles & Puzzles 1:30 Bingo 2:30 Labor Day Hotdog Social 3:30 Happy Hour & Karaoke 7:00 Puzzle w/ Carestaff	<b>3</b> 8:45 Garden Gurus Club 10:30 Rise & Energize- Weighted Chair Exercise 11:00 Cooking- Pigs in a Blanket 12:00 Chronicles & Puzzles 1:30 Trivia Tuesdays 2:30 Bean Bag Toss 3:00 Outing- Yogurtland 4:15 Travelogue Tuesdays 7:00 Silver Striders Walking Teamw/caresaff	<b>4</b> 8:45 Early Morning Coloring 10:30 SingFit - Music & Exercise 11:00 Mad Libs 12:00 Chronicles & Puzzles 1:30 Bingo 2:00 Resident Council (TR) 2:30 Midweek Mocktails- Texas Sunrise 3:30 Bean Bag Toss 7:00 Movie Night- The Long Game	<b>5</b> Football Jersey Day 8:45 Garden Gurus Club 10:30 Rise & Energize- Weighted Chair Exercise 11:00 Singing w/ Sophie 12:00 Chronicles & Puzzles 1:30 Parachute Games 3:00 Football Kickoff Celebration 5:20 Kickoff Game- Chiefs & Ravens 7:00 Silver Striders Walking Teamw/Care Staff	<b>6</b> 8:45 SingFit- Music & Exercise 10:30 Rise & Energize- Weighted Chair Exercise 11:00 Fancy Fingers 12:00 Chronicles & Puzzles 12:30 Bingo 1:30 Mid-Afternoon Coloring 2:30 Sock Matching w/ Sophie 3:30 Big Ball Volleyball w/ Carestaff 7:00 Puzzle w/Care Staff	<b>7</b> 9:15 Saturday Stroll w/ Carestaff 10:30 Rise & Energize- Weighted Chair Exercise 11:00 Craft- Braided Wreath 12:00 Chronicles & Puzzles 1:30 Towel Folding Pastimes 2:30 Baking w/ John 3:30 Saturday Sweet Tea 7:00 Silver Striders Walking Teamw/ Carestaff
<b>8 Grandparents' Day</b> Superhero Day 9:30 Movers & Groovers Walk 10:30 Coffee & Conversations 11:00 Lightfinder Church Services 12:00 Chronicles & Puzzles 1:30 Giving Advice for Younger Generation 3:00 Games & Snacks w/ Family 4:15 15 Minute Mystery 7:00 Silver Striders Walking Teamw/ Carestaff	<b>9</b> Pajama Day 8:45 Early Morning Coloring 9:30 Catholic Communion 10:30 SingFit - Music & Exercise 11:00 Craft- Welcome Door Sign 12:00 Chronicles & Puzzles 1:30 Bingo 2:30 Baking- Texas Sheetcake 3:30 Happy Hour & Karaoke 7:00 Puzzle w/ Carestaff	<b>10</b> Twining Day 8:45 Garden Gurus Club 10:30 Rise & Energize- Weighted Chair Exercise 11:00 Bean Bag Toss 12:00 Chronicles & Puzzles 12:45 Outing- Galaxy Theater for Hotel Transylvania 1:30 Trivia Tuesdays 2:30 Cooking- Fried Chicken 4:15 Travelogue Tuesdays 7:00 Silver Striders Walking Teamw/caresaff	<b>11 Patriot Day</b> Walking Yearbook Day 8:45 Early Morning Coloring 10:30 SingFit - Music & Exercise 11:00 Mad Libs 12:00 Chronicles & Puzzles 1:30 Bingo 2:30 Midweek Mocktails- The Longhorn 7:00 Movie Night- My All American	<b>12</b> Western Day 8:45 Garden Gurus Club 10:30 Rise & Energize- Weighted Chair Exercise 11:00 Singing w/ Sophie 12:00 Chronicles & Puzzles 1:30 Parachute Games 2:30 Arm Band Exercises 3:00 Popsicles on the Patio 7:00 Silver Striders Walking Teamw/Care Staff	<b>13</b> Fancy Friday 8:45 Early Morning Coloring 10:30 SingFit- Music & Exercise 11:00 Fancy Fingers 12:00 Chronicles & Puzzles 1:30 Bingo 2:30 Sock Matching w/ Sophie 7:00 Puzzle w/Care Staff	<b>14</b> Outer-Space Day 9:15 Saturday Stroll w/ Carestaff 10:30 Rise & Energize- Weighted Chair Exercise 11:00 Craft- Leaf Sun Catchers 12:00 Chronicles & Puzzles 1:30 Towel Folding Pastimes 2:30 Baking w/ John 3:30 Saturday Sweet Tea 7:00 Silver Striders Walking Teamw/ Carestaff
<b>15</b> Hispanic Heritage Month 9:30 Movers & Groovers Walk 10:30 Coffee & Conversations 11:00 Lightfinder Church Services 12:00 Chronicles & Puzzles 1:30 Card Matching 3:00 Puzzle 4:15 15 Minute Mystery 7:00 Silver Striders Walking Teamw/ Carestaff	<b>16</b> 8:45 Early Morning Coloring 9:30 Catholic Communion 10:30 SingFit - Music & Exercise 11:00 Craft- Beaded Corn 12:00 Chronicles & Puzzles 1:30 Bingo 2:30 Tortilla Making w/ Karla & Lo (B) 3:30 Happy Hour & Karaoke 7:00 Puzzle w/ Carestaff	<b>17 Citizenship Day</b> 8:45 Garden Gurus Club 10:30 Outing- Plaza Park 10:30 Rise & Energize- Weighted Chair Exercise 11:00 Bean Bag Toss 12:00 Chronicles & Puzzles 1:30 Trivia Tuesdays 2:30 Cooking- Texas Toast 3:30 International Country Music Celebration 4:15 Travelogue Tuesdays 7:00 Silver Striders Walking Teamw/caresaff	<b>18</b> 8:15 SingFit - Music & Exercise 10:30 Rise & Energize- Weighted Chair Exercise 11:00 Mid-Morning Coloring w/ Carestaff 12:00 Chronicles & Puzzles 1:30 Bingo 1:30 Mid-Afternoon Coloring 2:30 Midweek Mocktails- Texas Armadillo Punch 3:30 Bean Bag Toss 7:00 Movie Night- Bernie	<b>19</b> Batman Day 8:45 Garden Gurus Club 10:30 Rise & Energize- Weighted Chair Exercise 11:00 Singing w/ Sophie 12:00 Chronicles & Puzzles 1:30 Parachute Games 2:30 Movie Matinee- Batman 3:00 Popsicles on the Patio 7:00 Silver Striders Walking Teamw/Care Staff	<b>20</b> 8:45 Early Morning Coloring 10:30 SingFit - Music & Exercise 11:00 Fancy Fingers 12:00 Chronicles & Puzzles 1:30 Bingo 3:00 National Queso Day Celebration 7:00 Puzzle w/Care Staff	<b>21</b> 9:15 Saturday Stroll w/ Carestaff 10:30 Rise & Energize- Weighted Chair Exercise 11:00 Craft- Painting Fall Trees 12:00 Chronicles & Puzzles 1:30 Towel Folding Pastimes 2:30 Baking w/ John 3:30 Saturday Sweet Tea 7:00 Silver Striders Walking Teamw/ Carestaff
<b>22 Fall Begins</b> 9:30 Movers & Groovers Walk 10:30 Coffee & Conversations 11:00 Lightfinder Church Services 12:00 Chronicles & Puzzles 1:30 Card Matching 3:00 Live Performance- Violin & Viola 3:00 Puzzle 4:15 15 Minute Mystery 7:00 Silver Striders Walking Teamw/ Carestaff	<b>23</b> 8:45 Early Morning Coloring 9:30 Catholic Communion 10:30 SingFit - Music & Exercise 11:00 Craft- Pumpkin Jars 12:00 Chronicles & Puzzles 1:30 Bingo 2:30 Baking- Texas Baked Beans 3:30 Happy Hour & Karaoke 7:00 Puzzle w/ Carestaff	<b>24</b> 8:45 Garden Gurus Club 10:00 Flu Clinic 10:30 Rise & Energize- Weighted Chair Exercise 11:00 Bean Bag Toss 12:00 Chronicles & Puzzles 1:00 Outing- Mission Coffee 1:30 Pie Making 3:00 Pie Eating Contest 4:15 Travelogue Tuesdays 7:00 Silver Striders Walking Teamw/caresaff	<b>25</b> 8:45 Early Morning Coloring 10:30 SingFit - Music & Exercise 11:00 Mad Libs 12:00 Chronicles & Puzzles 1:30 Bingo 2:30 Midweek Mocktails- Dr. Pepper Tasting 3:30 Bean Bag Toss 7:00 Movie Night- Tombstone	<b>26</b> 8:45 Garden Gurus Club 10:30 Rise & Energize- Weighted Chair Exercise 11:00 Singing w/ Sophie 12:00 Chronicles & Puzzles 1:30 Parachute Games 3:00 September Birthday Party 7:00 Silver Striders Walking Teamw/Care Staff	<b>27 Native American Day</b> 8:45 Early Morning Coloring 10:30 SingFit - Music & Exercise 11:00 Fancy Fingers 12:00 Chronicles & Puzzles 1:30 Bingo 2:30 Movie Matinee- Pocahontas 7:00 Puzzle w/Care Staff	<b>28</b> 9:15 Saturday Stroll w/ Carestaff 10:30 Rise & Energize- Weighted Chair Exercise 11:00 Craft- Painted Fall Leaves 12:00 Chronicles & Puzzles 1:30 Towel Folding Pastimes 2:30 Baking w/ John 3:30 Saturday Sweet Tea 7:00 Silver Striders Walking Teamw/ Carestaff
<b>29</b> National Coffee Day 9:30 Movers & Groovers Walk 10:30 COFFEE & Conversations 11:00 Lightfinder Church Services 12:00 Chronicles & Puzzles 1:30 Card Matching 3:00 Puzzle 4:15 15 Minute Mystery 7:00 Silver Striders Walking Teamw/ Carestaff	<b>30</b> 8:45 Early Morning Coloring 9:30 Catholic Communion 10:30 SingFit - Music & Exercise 11:00 Craft- Suncatchers 12:00 Chronicles & Puzzles 1:30 Bingo 2:30 Baking- White Texas Sheet Cake 3:30 Happy Hour & Karaoke 7:00 Puzzle w/ Carestaff	<b>Birthdays</b> 9/2 - Claude H. 9/6 - John K. 9/9 - Cindy G. 9/12 - Reagan M. 9/12 - Annette A. 9/13 - Freda M. 9/15 - Fernando A. 9/15 - Monica H. 9/16 - Anthony C. 9/20 - Wilma P.	<b>Birthdays</b> 9/24 - Tari H. 9/28 - Lloyd S.			

## What's Happening Now

Resident Council Meeting 09/04/24  
Lifestyle Meeting 09/03/24

Country Music Celebration  
9/17/2024 at 3:30 in AL

Weekly Outings  
9/3/24 @3pm Yogurtland  
9/10/24 @12:45pm Galaxy Theaters for Hotel Transylvania  
9/17/24 @10:30am Plaza Park  
9/24 @1pm Mission Coffee

Friday Fun- Happy Hour & Karaoke  
Mondays at 3:30

\* For all other activities please see our monthly calendar \*



# Olympic Game's Highlights



# Olympic Game's Winner

**Congratulations to team USA for winning gold in the Park Visalia Olympic Games! Team USA was lead by Maintenance Director, Joe, and had huge support from his team members Dan, Richard, and Helen! We all enjoyed making fun memories during this year's Olympic Games. Thank you all for your contribution!**



# Assisted Living's Smiling Faces



# Lightfinder's Smiling Faces

