

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:30 Linked Senior Games 9:30 Morning News 10:00 Stroll/Bike Workout 10:30 Balance & Strength 11:00 Canada Day Dessert Kabobs 1:30 Name That Tune 2:30 Snack and Music 3:30 Canada Day Wreath 4:30 Assisting with Dinner	2 9:30 Linked Senior Games 9:30 Morning News 10:00 Brain Teasers 10:30 Singfit 11:00 Universal Yums Box 1:30 Ted Talk 2:00 Snack and Trivia 2:30 World UFO Day Craft 4:00 Silver Sneakers Exercise 4:30 Assisting with Dinner 6:00 Game Night	3 9:30 Linked Senior Games 9:30 Morning News 10:00 Stroll/Bike Workout 11:00 Fresh Blends 1:00 People and Places Travel Class 2:30 Indoor Bowling 3:30 Bingo 4:00 Silver Sneakers Exercise Class 4:30 Assisting with Dinner	4 Independence Day 9:30 Linked Senior Games 9:30 Color Therapy 9:30 Morning News 10:00 Resistance Band Workout 10:30 Dominoes 11:00 Guided Painting 1:30 Scattergories 2:00 Sing Along 2:00 4th of July Performance Thom Cueno 2:30 Snack and Music 4:30 Assisting with Dinner	5 9:30 Linked Senior Games 9:30 Morning Brain Games 9:30 Morning News 11:00 Strength & Balance 11:00 Parachute 1:30 Name That Tune 2:30 Music & Happy Hour with Brotherly Love 3:30 Outdoor Activity 4:30 Assisting with Dinner 6:00 Color Therapy Music Appreciation	6 9:30 Linked Senior Games 9:30 Morning News 10:00 Stroll/Bike Workout 11:30 Brain Games 1:15 Jeopardy 2:00 Snack & Name That Tune 2:30 Balloon volleyball 3:15 Bingo 3:30 Sing Along 4:30 Assisting with Dinner
7 9:30 Our Daily Bread 9:30 Morning News 10:00 Low Impact Cardio 10:30 Fresh Blends 11:00 Communion Service 2:00 Snack and Music 2:30 Christmas Craft 3:30 Nails 4:00 Gardening 4:30 Assisting with Dinner 4:30 Book Club	8 9:30 Linked Senior Games 9:30 Morning News 10:00 Stroll/Bike Workout 10:30 Balance & Strength 11:00 Delicious Discoveries 2:00 Snack and Music 2:30 Painting Ornaments 3:30 Bingo 4:30 Assisting with Dinner	9 9:30 Linked Senior Games 9:30 Morning News 10:00 Brain Teasers 10:30 Low Impact Cardio 11:00 Christmas Baking 1:30 Ted Talk 2:00 Snack and Trivia 2:30 Decorating Stockings 3:30 Outdoor Activity 4:00 Silver Sneakers Exercise 4:30 Assisting with Dinner 6:00 Game Night	10 9:30 Linked Senior Games 9:30 Morning News 10:00 Catholic Mass 10:00 Stroll/Bike Workout 11:00 Christmas Craft 1:00 People and Places Travel Class 2:30 Fresh Blendz 2:30 Hot Chocolate Social 3:30 Bingo 4:00 Silver Sneakers Exercise Class 4:30 Assisting with Dinner	11 9:30 Linked Senior Games 9:30 Color Therapy 9:30 Morning News 10:00 Resistance Band Workout 10:30 Dominoes 11:00 Guided Painting 1:30 Scattergories 2:30 Christmas in July Happy Hour 4:00 Penny Pitching 4:30 Assisting with Dinner	12 9:30 Linked Senior Games 9:30 Morning Brain Games 9:30 Morning News 11:00 Strength & Balance 11:00 Parachute 1:30 Name That Tune 2:30 Music & Happy Hour with Mike Noonan 3:30 Outdoor Activity 4:30 Assisting with Dinner 6:00 Color Therapy Music Appreciation	13 9:30 Linked Senior Games 9:30 Morning News 10:00 Stroll/Bike Workout 11:30 Brain Games 1:15 Jeopardy 2:00 Snack & Name That Tune 2:30 Balloon volleyball 3:15 Bingo 3:30 Sing Along 4:30 Assisting with Dinner
14 9:30 Our Daily Bread 9:30 Morning News 10:00 Brain Teasers 10:00 Low Impact Cardio 10:30 Fresh Blendz 11:00 Communion Service 1:30 Sorting & Folding 2:30 Performance with Parker 2:30 Snack and Music 3:00 Corn Hole 4:00 Rodeo Cricut Craft 4:30 Assisting with Dinner 4:30 Book Club	15 9:30 Linked Senior Games 9:30 Morning News 10:00 Stroll/Bike Workout 10:30 Balance & Strength 11:00 Delicious Discoveries 1:30 Name That Tune 2:30 Snack and Music 3:30 Rodeo Painting 4:30 Assisting with Dinner	16 9:30 Linked Senior Games 9:30 Morning News 10:00 Brain Teasers 10:30 Low Impact Cardio 11:00 Baking 1:30 Ted Talk 2:00 Snack and Trivia 2:30 Rodeo Sculpture 3:30 Silver Sneakers Exercise 4:30 Assisting with Dinner 6:00 Game Night	17 9:30 Linked Senior Games 9:30 Morning News 10:00 Stroll/Bike Workout 11:00 Corn Shucking 1:00 People and Places Travel Class 2:30 Cornhole 3:30 Bingo 3:30 Corn Social 4:00 Silver Sneakers Exercise Class 4:30 Assisting with Dinner	18 9:30 Linked Senior Games 9:30 Color Therapy 9:30 Morning News 10:00 Resistance Band Workout 10:30 Dominoes 11:00 Guided Painting 2:00 Milk The Cow 2:30 Rodeo Social 4:00 Horse Race 4:30 Assisting with Dinner	19 9:30 Linked Senior Games 9:30 Morning Brain Games 9:30 Morning News 11:00 Strength & Balance 11:00 Parachute 1:30 Name That Tune 2:30 Music & Happy Hour With Bag O' Trix 3:30 Outdoor Activity 4:30 Assisting with Dinner 6:00 Color Therapy Music Appreciation	20 9:30 Linked Senior Games 9:30 Morning News 10:00 Stroll/Bike Workout 11:30 Brain Games 1:15 Jeopardy 2:00 Snack & Name That Tune 2:30 Balloon volleyball 3:15 Bingo 3:30 Sing Along 4:30 Assisting with Dinner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>21</p> <p>9:30 Our Daily Bread 9:30 Morning News 10:00 Brain Teasers 10:00 Low Impact Cardio 10:30 Fresh Blendz 11:00 Communion Service 1:30 Gardening 2:30 Snack and Music 3:00 Olympic Rock Painting 4:00 Singfit 4:30 Assisting with Dinner 4:30 Book Club</p>	<p>22</p> <p>9:30 Linked Senior Games 9:30 Morning News 10:00 Stroll/Bike Workout 10:30 Balance & Strength 11:00 Delicious Discoveries 2:30 Snack and Music 3:30 Olympic Games Bracelet 4:15 Outdoor Activity 4:30 Assisting with Dinner</p>	<p>23</p> <p>9:30 Linked Senior Games 9:30 Morning News 10:00 Brain Teasers 11:30 Low Impact Cardio 2:00 Snack and Trivia 2:30 Tea Party 3:30 Olympic Ring Toss 4:00 Singfit 4:30 Assisting with Dinner 6:00 Game Night</p>	<p>24</p> <p>9:30 Linked Senior Games 9:30 Morning News 10:00 Episcopal Service 10:45 Stroll/Bike Workout 1:00 People and Places Travel Class 2:30 Scrapbooking 3:30 Bingo 4:00 Silver Sneakers Exercise Class 4:30 Assisting with Dinner</p>	<p>25</p> <p>9:30 Linked Senior Games 9:30 Color Therapy 9:30 Morning News 10:00 Resistance Band Workout 10:30 Dominoes 11:00 Guided Painting 1:30 Scattergories 2:30 Olympic Games Happy Hour 3:30 Sing Along 4:00 Yoga Ball Drumming 4:30 Assisting with Dinner</p>	<p>26</p> <p>9:30 Linked Senior Games 9:30 Morning Brain Games 9:30 Morning News 11:00 Strength & Balance 11:00 Parachute 1:30 Name That Tune 2:30 Music & Happy Hour with Lee Allen 3:30 Outdoor Activity 4:30 Assisting with Dinner 6:00 Color Therapy Music Appreciation</p>	<p>27</p> <p>9:30 Linked Senior Games 9:30 Morning News 10:00 Stroll/Bike Workout 11:30 Brain Games 1:15 Jeopardy 2:00 Snack & Name That Tune 2:30 Balloon volleyball 3:15 Bingo 3:30 Sing Along 4:30 Assisting with Dinner</p>
<p>28</p> <p>9:30 Our Daily Bread 9:30 Morning News 10:00 Brain Teasers 10:00 Low Impact Cardio 11:00 Communion Service 1:30 Sorting & Folding 2:30 Snack and Music 3:00 Nails 4:00 Singfit 4:30 Assisting with Dinner 4:30 Book Club</p>	<p>29</p> <p>9:30 Linked Senior Games 9:30 Morning News 10:00 Stroll/Bike Workout 10:30 Balance & Strength 1:30 Name That Tune 2:00 Olympic Games Cornhole 2:30 Snack and Music 3:30 Olympic Games Airplane Contest 4:30 Assisting with Dinner</p>	<p>30</p> <p>9:30 Linked Senior Games 9:30 Morning News 10:00 Brain Teasers 10:30 Silver Sneaker Exercise 10:30 Olympic Games Volley Ball 1:30 Ted Talk 2:00 Snack and Trivia 2:30 Puzzles 3:30 Olympic Games Darts 4:00 Silver Sneakers Exercise 4:30 Assisting with Dinner 6:00 Game Night</p>	<p>31</p> <p>9:30 Linked Senior Games 9:30 Morning News 10:00 Stroll/Bike Workout 11:00 Olympic Games Shuffle Board 1:00 People and Places Travel Class 2:30 Olympic Games Race(Dice) 3:30 Bingo 4:00 Silver Sneakers Exercise Class 4:30 Assisting with Dinner</p>			